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SOFT PLUG®

Silicone Punctum Plug

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- Easy press and release plug placement
- Sterile, in a pack of 6

Ref #: 7710-D 7711-D 7712-D 7713-D 7714-D
Diameter: 0.4mm 0.5mm 0.6mm 0.7mm 0.8mm
Qty/box 6 6 6 6 6

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DESCRIPTION:
The OASIS Medical Silicone Punctum Plug is designed to be inserted into the punctal opening in order to control tear drainage through the canaliculus. Each punctum plug is molded from medical grade silicone.

The OASIS Medical Silicone Punctum Plug has a thin head portion designed to remain outside the punctum and rest on the eyelid. The central shaft portion of the plug has a smaller diameter than the head portion and is designed to fit through the punctal opening. The nose portion of the plug has a larger diameter which is designed to fit in the canaliculus in order to retain the plug in the punctum. Silicone punctal plugs are available in two styles: the original punctum plug with a closed nose portion which blocks flow through the punctal opening, and the Flow Control punctum plug with an opening through the nose portion which allows flow through the punctal opening. The OASIS punctum plug sizing system is designed to allow the user to fit the plug for maximum comfort and retention. A properly fitted punctum plug will be more comfortable to the patient, less likely to dislocate, and easier to remove should the need arise. The gauging set consists of two titanium and stainless steel instruments – one with .5 mm and .6 mm tips and the other with .7 mm and .8 mm tips.

ANESTHESIA
Anesthetize the area of the punctum with either a topical anesthetic instilled into the conjunctival sac or an anesthetic soaked, cotton-tipped applicator held against the punctum for 30 seconds.

PROPER SIZING:
Determine the proper plug size prior to dilation. Start with the smallest gauge size (.5 mm). Gently insert the head of the gauge into the punctum, being careful not to go beyond the neck. When entering and leaving the punctal opening, the gauge head should slightly flex the punctal ring. If there is no resistance to the gauge, the next larger size should be tried. The gauge size is too large if there is substantial resistance and the tip is difficult to insert. The proper plug size is found when the punctal opening flexes moderately when the gauge is inserted and removed and the gauge tip is “snug” when in the punctum. In some patients, the left and right eyes may have different size punctum, therefore it is useful that the punctum of both eyes are measured.

DILATION:
Gently dilate the punctum and quickly insert the silicone plug. If the plug is not inserted within 15 to 30 seconds, the dilation may need to be repeated.

INSERTION:
The OASIS Medical Silicone Punctum Plug comes preloaded on a disposable inserter or in a convenient bulk pack. The bulk pack contains the silicone plugs mounted in a holder. To use, position the tip of the disposable inserter into the guide slot in the plug holder and move the inserter forward to load the silicone plug onto the inserter wire. Use the inserter to position the plug across the punctum. Lubrication of the plug with saline solution or artificial tears eases insertion. Grasp the inserter on the non-compressible side. Gently insert the plug into the punctum until the cap is flush with the punctal opening. You may rotate the inserter during insertion. This will ease insertion and properly position the inserter in your hand for plug release. When the plug is properly inserted, gently squeeze and withdraw the inserter to release the plug. Observe and verify proper placement of the punctum plug. The nose of the plug should be beyond the punctum, the shaft of the plug should be through the punctum, and the head of the plug should be outside the punctum and resting snug against the eyelid.

INDICATIONS:
The OASIS Medical Silicone Punctum Plug is intended for use in patients experiencing dry eye symptoms such as redness, burning, reflex tearing, itching or foreign body sensations which can be relieved by blockage of the punctum.

Silicone Punctum Plugs may be used in the treatment of dry eye syndrome and the dry eye components of various ocular surface diseases such as corneal ulcers, conjunctivitis, pterygium, blepharitis, keratitis, red lid margins, recurrent chalazions, recurrent corneal erosion, filamentary keratitis and other external eye diseases.

Other patients that may benefit are: cataract patients, patients with arthritis, patients medicated for hypertension, contact wearers of any age, seasonal allergy sufferers, patients who live in dry climates, or spend extended periods in air conditioning, and any others who suffer from dry irritation. It is reasonable that eye drops of many kinds would be more effective if retained on the surface of the eye, rather than drained into the sinus.

CONTRAINDICATIONS:
The OASIS Medical Silicone Punctum Plug is contraindicated for patients experiencing inflammation of the eye lid, and tearing secondary to dacryocystitis with mucopurulent discharge.

If the patient experiences irritation, infection, or epiphora after insertion of a Silicone Punctum Plug, the plug should be removed by grasping the shaft of the plug below the exposed head with forceps and pulling the plug out of the punctal opening. The plug should not be removed by grasping the exposed head.

CAUTIONS:
Care should be used not to perforate the punctum or canaliculus during insertion of the Silicone Punctum Plug. Perforation may cause pain, increase the risk of infection and cause the plug to fall out easier due to an enlarged punctal opening or infection. If perforation occurs, delay the placement of the plug until the wound heals.

The OASIS Medical Silicone Punctum Plug may enhance the effect of ocular medication used on the eye. Depending on the type of medications being used, dosage may need to be reduced accordingly.

DO NOT REUSE. This is a single use, disposable, device that cannot be properly cleaned and re-sterilized. Federal law (USA) restricts this device to sale by or on the order of a physician.