

# Experience Oasis REST & RELIEF®

## Hot & Cold Eye Mask by OASIS® Medical

### Oasis REST & RELIEF®

Introducing a hot or cold therapy eye mask to soothe and bring relief from:

- Dry Eye Symptoms
- Headache
- Sinus Pressure
- Tension
- Swelling

Ref#: OM8000



Compact packaging to reduce shelf space



Easy, washable slide on cover



Hook and loop mask closure on cover and strap for simple removal



## Includes washable cover.

- Soft, breathable fabric.
- Instructions for use also on the tag.



## INSTRUCTIONS FOR USE:

### INTENDED USE:

Hot/Cold therapy eye mask to soothe and bring relief from:

- Dry Eyes
- Headache
- Sinus Pressure
- Tension
- Swelling

### WARNINGS AND PRECAUTIONS

Please read all information before use.

- For external use only.
- Keep out of reach of children.
- Do not apply for more than 20 minutes at a time.
- Dispose of mask if punctured or broken.
- Test eye mask temperature prior to use.
- Overheating or prolonged application may cause injury.
- Do not use on infants.
- Do not apply to sensitive skin, skin with no sensation, or open wounds.
- Do not boil.
- Overheating in a microwave may damage eye mask.
- Do not ingest contents.
- Warm according to instructions. Do not apply if too hot.
- Do not fall asleep using eye mask.
- People with diabetes, circulation disorders, skin infections, etc. should consult with their doctor before use.
- Consult your doctor if your condition worsens or irritation develops.

### HOT THERAPY

#### Directions:

1. Eye mask must be at room temperature before heating
2. Place eye mask flat on clean microwave safe dish.
3. Set microwave power to high and heat for 20 seconds. Before applying, always touch eye mask with fingers first to test for desired temperature. If eye mask is too hot, allow it to cool for 2 minutes and test again. For additional heat, add in 5 second increments to obtain your desired temperature. Do not exceed a maximum of 30 seconds of heating.
4. Place eye mask over closed eyes. Optionally secure adjustable strap.
5. Wear for 3 to 5 minutes or as directed by a physician. Do not apply for more than 20 minutes at a time.

### COLD THERAPY

#### Directions:

1. Place eye mask on clean dry surface and place in the freezer for 30 minutes.
2. Remove mask from freezer and place over closed eyes. Wear for 5 to 7 minutes or as directed by a physician.

**Care:** Surface clean mask with a damp cloth. Do not submerge mask in water. Machine or hand wash cover only.

**Storage:** Store in cool dry place. Keep away from flames.

### QUESTIONS

(844) 820-8940 or (909) 305-5400  
Visit: [www.oasismedical.com](http://www.oasismedical.com)

Other products by OASIS®:

- Oasis TEARS VISION™ Dietary Supplements
- Oasis TEARS OMEGA 3™ Dietary Supplements
- Oasis LID & LASH® + Tea Tree Eyelid & Lash Cleansing Pads
- Oasis TEARS® Preservative-Free Lubricating Eye Drops
- Oasis TEARS® PLUS Preservative-Free Lubricating Eye Drops
- Oasis TEARS® Multidose Bottle (preserved)